PSHE and Personal Development at Lark Hill Community Primary School

Lark Hill Community Primary School

School Values

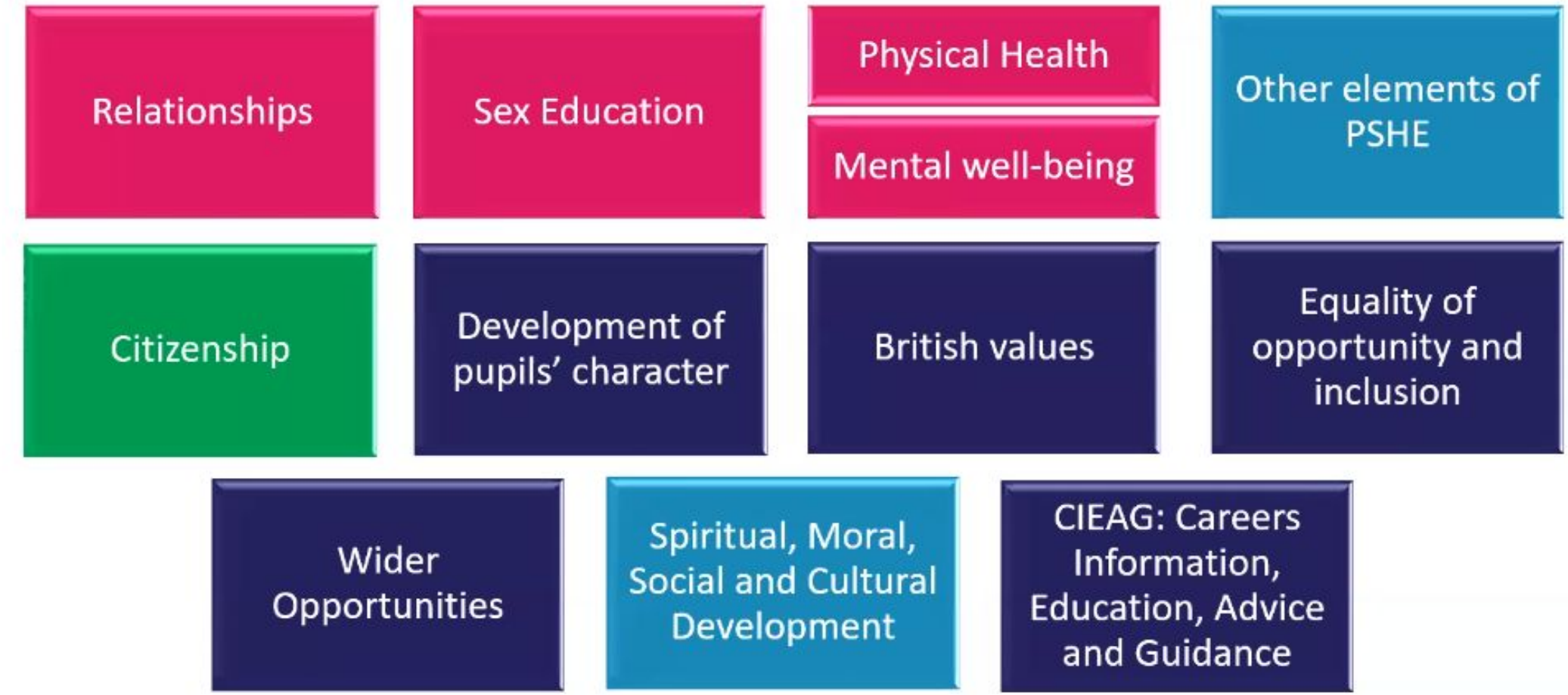
Our Mission Statement

At Lark Hill we aim to ensure every child reaches their potential within a safe, secure and inspiring environment. We work hard to develop the values of personal responsibility and social awareness. We aim to achieve excellence through enjoyment. At Lark Hill all our work is underpinned by our core values - **Nurture - Achieve - Respect**.

School Values



Personal Development



Helping children understand and manage their emotions, establish healthy relationships, and learn about staying safe.

The school programme is designed to be taught over 30 weeks of the school year. Each week of learning begins with a narrative picture book, followed by 3 x 30-minute lesson plans, with resources, per week.

Jigsaw!® The mindful approach to PSHE

A structured programme of personal development to nurture the ‘whole child’ and increase capacity for learning. It is underpinned by mindful philosophy and practice.

Pol-Ed®

All of the Pol-Ed content focuses on the Policing Priorities and Ofsted lines of enquiry. They are linked to the DfE statutory guidance and PSHE Association Programme of Study to ensure we are best meeting the needs of our children and young people.

"Jigsaw is more than a scheme of work for PSHE.
It is a whole-school philosophy with children and young people at its heart, which nurtures the positive and inclusive culture of the whole school community."



A structured programme of personal development to nurture the 'whole child' and increase capacity for learning. It is underpinned by mindful practice.

Whole-school approach from 3-16

Being Me in My World
Celebrating Difference
Dreams and Goals
Healthy Me
Relationships
Changing Me

- Relationships
- Mindfulness
- Mental health
- Self-regulation
- SMSC
- Self-esteem/ resilience
- Social skills
- Safeguarding including Internet safety

PSHE and RHSE is important because….

vocabulary

Responsibilities of adult life

Enhances personal development

encourages the celebration of difference

Safe online

risk recognition

creates knowledge and empathy for protected characteristics

resist peer pressure

‘happy in their own skin’

RHSE

What must primary schools teach in Relationships Education, Health Education and Sex Education?

From September 2020, Relationships and Health Education are compulsory in all primary schools in England. For primary aged children this includes curriculum content under two headings (DfE 2019):

Relationships Education

Families and people who care for me

Caring Friendships

Respectful Relationships

Online Relationships

Being safe

Health Education

Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy Eating

Drugs, alcohol and tobacco

Health and prevention

Basic first aid

Changing adolescent body



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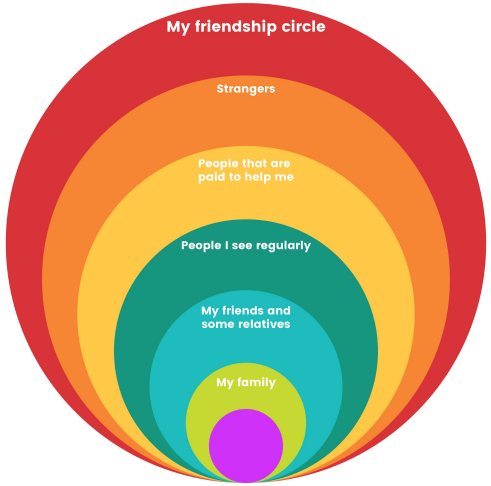
+ Science
+ PE
+ Computing
+ Reading
+ Writing

SEMH





Primary Inclusion Team (SEMH)







British Values

Jigsaw®
The mindful approach to PSHE

British Values in Jigsaw by lesson

May 2023

School Council





Protected Characteristics

We should all feel like we can be represented through emojis no matter who we are, where we live or what we believe.



British Values

Mutual Respect and Tolerance

We are all different. Learning about each other can help us understand and respect one another.
Emojis should represent our diverse world and be inclusive.

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SMSC



RE









Broadly equal numbers for the children who have removed themselves. 12 months ago it was only muslim children, but now its more equally split.

SMSC

At Lark Hill Community Primary School, we recognise that the personal development of pupils, spiritually, morally, socially and culturally (SMSC) plays a significant part in their ability to learn and achieve.

We therefore aim to provide an education that provides children with opportunities to explore and develop their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of other cultures. This is embedded throughout all aspects of school life.

British Values

At Lark Hill we aim to prepare children for life in modern Britain by promoting the core British Values which are: democracy, rule of law, individual liberty and mutual respect and tolerance of those of different faiths and beliefs.

We appreciate the diversity we have at Lark Hill and respect and celebrate our differences and individuality. We aim to broaden our awareness and understanding of different faiths, cultures and lifestyles and promote respect to all individuals that form our amazing school community.

The Department for Education states that there is a need **"to create and enforce a clear and rigorous expectation on all schools to promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs."**

British Values are promoted in much of what we do, through our school values, assemblies and across our curriculum including Religious Education (RE) and Personal, Health and Social Education (PSHE). The values are integral to our aims where every child within the school is seen as an individual with something unique and positive to offer to the wider community.

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Trips, experiences and clubs – raising aspirations and providing new experiences for our children. Majority of trips are free. Never exclude a child due to a disability and we actually make adaptations to ensure that they are met. Proactive in fundraising. Car washing etc.

LLEDR HALL
EDUCATION THROUGH ADVENTURE

METRO BANK

CHESTER ZOO























Key Changes to the 2026 RSHE Curriculum

- **Online Safety & Technology:** Increased focus on AI-generated content (deepfakes), online scams, cyber-bullying, and "sextortion".
- **Misogyny & Harassment:** Stronger requirements to address misogyny, online influencers, incel culture, and the harmful effects of pornography.
- **Personal Safety:** A new focus on safety in public spaces, including road, rail, and water safety.
- **Health & Wellbeing:** Expanded content on vaping, mental health, gambling, and financial literacy.
- **Relationships Education (Primary):** Stronger focus on consent, privacy, and respecting boundaries.
- **Safeguarding:** Strengthening links between online, financial, and personal safety as safeguarding issues.

Cultural Capital

Family & Home-Based Interactions

- **Reading Habits:** we encourage parents and reading with children and provide a diverse selection of books.
- **Enriching Experiences:** Trips to museums, galleries, cultural sites, or nature parks.
- **Skill Building:** Learning musical instruments (piano), baking, or engaging in creative arts.
- **Digital Literacy:** Using the internet for research or understanding digital tools.
- **Community Involvement:** Participating in local events, charity work, or learning community norms.

Cultural Capital

School-Based Examples

- **Curriculum Integration:** Studying local history (Salford Museum, MOSI, War Museum in Chesire), poet and artist (Paul Cookson & Liz Million)
- **Cultural Events:** Celebrating festivals (Diwali, Lunar New Year), music, and dance, culture day planned in for Summer 2
- **Resource Access:** Familiarity with and use of libraries, archives, and digital resources.
- **Expert Engagement:** Inviting local artists, authors, or community members to workshops.
- **Diverse Materials:** Incorporating dual-language books, music, and materials reflecting various cultures.

Cultural Capital

Embodied Skills & Behaviors

- **Confidence:** Knowing how and when to ask for help, navigate institutions, or present ideas.
- **Linguistic Skills:** Exposure to varied vocabulary, storytelling, and different languages.
- **Problem Solving:** Using critical thinking, experimenting, and teamwork.
- **Aspiration:** Developing a desire to achieve and rise socially, seeing education as a path.