Long Term Planning

Lark Hill Primary School, Salford
2026/27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Stability 1	Fine Motor skills	Personal Challenges	Target Games 1	Gymnastics - Parts High & Parts Low	Athletics 1
	Stability 1	Fine Motor skills	Personal Challenges	Target Games 1	Gymnastics - Parts High & Parts Low	Athletics 1
Reception	Personal Challenges	Gymnastics Reception	Object Control 1	Locomotion 1	Fine Motor skills	Athletics 1
	Personal Challenges	Gymnastics Reception	Object Control 1	Locomotion 1	Fine Motor skills	Athletics 1
Year One	Fundamental Movement Skills 1	Gymnastic Year 1	Invasion Game Skills 1	Target Games 2	Net & Wall Game Skills 2	Athletics 2
	Invasion Game Skills 1	Net & Wall Game Skills 1	Fundamental Movement Skills 1	Fundamental Movement Skills 2	Fundamental Movement Skills 3	Athletics 2
Year Two	Fundamental Movement Skills 2	Gymnastics Year 2	Invasion Game Skills 2	Target Games 3	Net & Wall Game Skills 2	Athletics 2
	Fundamental Movement Skills 2	Fundamental Movement Skills 3	Target Games 2	Target Games 3	Invasion Game Skills 2	Athletics 2

Year Three	Health Related Fitness	Gymnastics - Symmetry & asymmetry (partners)	Netball	Danish Longball	Rounders	Athletics 3
	Handball	Hockey	Cricket	Tag Rugby	Football	Athletics 3
Year Four	Health Related Fitness	Gymnastics Year 4	Netball	Danish Longball	Rounders	Athletics 4
	Handball	Hockey	Cricket	Tag Rugby	Football	Athletics 4
Year Five	Health Related Fitness	Gymnastics Year 5	Netball	Danish Longball	Rounders	Athletics 5
	Handball	Hockey	Cricket	Tag Rugby	Football	Athletics 5
Year Six	Health Related Fitness	Gymnastics Year 6	Netball	Danish Longball	Rounders	Athletics 6
	Handball	Hockey	Cricket	Tag Rugby	Football	Athletics 6

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